

# Food safety

To ensure we are consistently delivering the safest and best quality catering services at all times, Garden Villages has a stringent internal and external auditing process in place that meets and exceeds HACCP Food Safety requirements. Our Food Safety Plan is recognised as a benchmark in managing risk in food production and is verified by daily and monthly internal audits, six monthly rigorous external audits and annual auditing by respective councils. Our friendly village staff genuinely care for all our residents and take great pride in delivering the safest and best catering services available, while taking into consideration any personal needs you may have. Resident satisfaction and well being is the highest priority to our catering team.



## What our residents say

*"Fantastic food shared with great company."*

*"Cooking for myself had really become a chore, and shopping was even worse. I enjoy not having to worry about preparing meals any more and the food tastes great too."*

*"My family appreciate that they can rely on me having a nutritious hot meal."*

*"The cook prepares all my favourites, and they taste terrific. I like the social atmosphere of eating in the dining room with friends."*

Call now to book a free, no obligation lunch and inspection:

# 1800 44 54 64

Or for more information visit us online:  
[www.gardenvillages.com.au](http://www.gardenvillages.com.au)



# GARDEN VILLAGES

*...bringing more life to community living*

# Meals Options



# Meal options

Garden Villages provide flexible meal packages to fit in with your lifestyle. You may prefer to prepare your own breakfast and supper, and still enjoy the social atmosphere of dining with other residents for lunch, or you may simply want to take a break from cooking and grocery shopping altogether and have all your meals organised for you. Whatever your needs, we have options in place for your benefit. You also have the ability to change your meal options as your lifestyle and needs change.

Should you choose to benefit from our meal service, our options are listed below:

- **FULLY CATERED:** three meals catered per day, Breakfast, Lunch and Supper
- **PARTIALLY CATERED:** two meals catered per day, Breakfast and Lunch, or Lunch and Supper
- **LUNCH ONLY:** one meal catered per day

## Benefits of eating with us

- ✓ Know that each meal you are eating is nutritious and substantial
- ✓ Benefit from a carefully designed menu plan
- ✓ Enjoy eating in a social atmosphere
- ✓ Reliable service
- ✓ No need to worry about cooking or grocery shopping

## EXAMPLE DAILY

### Menu

#### breakfast

A generous, customised breakfast package for you to enjoy in the comfort of your own home

#### two-course lunch

Hearty beef hot-pot with creamy mashed potato and garden vegetables

Pavlova with vanilla ice-cream, fresh whipped cream and seasonal fruit

#### supper

Vegetarian frittata and roast pumpkin soup

# Dietary needs

At Garden Villages we recognise the individual needs of all our residents and understand how important maintaining a healthy diet is for those with health related dietary requirements. As a market leader we are experienced in catering for some of these dietary requirements. Please feel free to discuss your needs with our friendly Village Manager. We would love the opportunity to give you some examples of how we have managed similar needs in the past.



Each village has its own carefully structured cyclic menu, reviewed and approved by our Catering Manager for nutritional value and suitability to the needs of each village's residents.

As part of our catering program residents enjoy a delicious main meal in the village dining room six days a week. All other meals are freshly prepared by our village staff for you to enjoy in the comfort of your home.

